goNewHavengo WALKTOBER

Pick a walk! Explore New Haven!

WEEK 1: SEPTEMBER 30TH - OCTOBER 9TH

Friday, September 30th

Tuesday, October 4th

Wednesday, October 5th

Thursday, October 6th

Friday, October 7th

Taco Trucks and Vision Trail

Yoga and Meditation in the Park

Salads at The Little Salad Shop

Old Campus Walk

Grand Avenue Walk

12PM @ SeeClickFix (746 Chapel)

11:30AM @ YNHH Main Lobby

1PM @ Denali New Haven

12:15PM @ Schwarzman Center

12PM @ SeeClickFix (746 Chapel)

WEEK 2: OCTOBER 10TH - OCTOBER 16TH

Tuesday, October 11th

Wednesday, October 12th

Friday, October 14th

Yoga and Meditation in the Park

Burgers at Louis' Lunch

Downtown/Four Flours Bakery

11:30AM @ YNHH Main Lobby

1PM @ Denali New Haven

12PM @ SeeClickFix (746 Chapel)

WEEK 3: OCTOBER 17TH - OCTOBER 23RD

Tuesday, October 18th

Wednesday, October 19th

Friday, October 21st

Yoga and Meditation in the Park

Pizza at Da Legna

Indian Food and East Rook

11:30AM @ YNHH Main Lobby

1PM @ Denali New Haven

12PM @ SeeClickFix (746 Chapel)

WEEK 4: OCTOBER 24TH - OCTOBER 31ST

Tuesday, October 25th

Wednesday, October 26th

Friday, October 28th

Yoga and Meditation in the Park

Falafel at Mamoun's

Cannoli at Lucibella's

11:30AM @ YNHH Main Lobby

1PM @ Denali New Haven

12PM @ SeeClickFix (746 Chapel)

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THANK THE WALK SPONSORS: Yale New Haven Health Well at Yale





Denali A SeeClickFix